

Angela Bishop

From: Josie Spillane
Sent: Monday, 25 January 2010 9:20 a.m.
To: Josie Spillane
Cc: Angela Bishop
Subject: Cure Kids Great Adventure Race South Island 2010 Calling for Volunteers March 6 2010

Hi there!

In the past you have volunteered to support Cure Kids or you have been made to by Josie! Whatever the category you fall into - I am putting a call out for volunteers for our Adventure Race this year in March - we would love to see you back!

The team at Cure Kids has been working hard on our fourth South Island event and we are delighted to report an exciting increase in team interest and commitment this year.

Race Director Alan Nelson has designed a completely new course which is scheduled for Saturday 6 March 2010 and it is in Glenorchy!

We would love to have you as a volunteer in 2010 and would appreciate your early advice as to your availability.

Once again we have tasks to suit most interests, experience, levels of fitness and time availability.

We are planning for our teams to have a wonderful, well managed experience and as always, your support will be critical in achieving that objective.

You can expect an interesting time interacting with competitors and support crews with a range of tasks and experiences to keep you engaged with the day. Then you are all invited to a great party at the finish Line where a meal will be provided and beverages are BYO.

Please contact Josie on 027 221 4334 or click reply to this email to advise her if you can help Cure Kids - we really do appreciate your support.

We hope you will join us at Cure Kids, turning research into hope for the 20,000 families in New Zealand that live with a child with a life threatening illness.

Read on if you wish to have an overview of the day.

Kindest,

Jos

The following is a general overview of what you might expect during race-day:

Race Start

Lots of competitor and support crew activity. Parking needs to be managed, it's early in the morning, you need a torch. Competitors need to be directed onto the course and some timekeeping duties also.

Check Points

Officials in pairs staff Check Points throughout the course, some locations are remote and require mountain skills, others can be driven to or require a modest walk. You will be equipped with radios and record the details of teams as they pass through the course, passing information on to Race HQ.

Transition Areas

There are two transition areas where Support Crews will be present to assist their competitors. These are areas of high drama where competitors change gear, are fed and watered and generally ministered to by their support crew as quickly as possible. There will be considerable vehicle and people pressure in these environments which needs to be managed to ensure a level playing field for all participants.

General Information

Volunteers should wear clothing and bring gear suitable for the outdoors including sturdy footwear, rain jacket, warm clothing, hat, sunscreen, toilet tissue, personal medication and a pack to carry gear, food and water. A fully charged cell phone is essential. Wear the supplied high visibility orange safety vest at all times (and return to Race HQ/Finish after event).

An early evening meal will be provided at Race HQ/Finish (venue to be advised).

Additional background on the race can be found at www.curekids.org.nz/southisland.htm

Josie Spillane

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